

X WEIGHTLIFTING SCOTLAND

2019

Weight Class-Male	British Senior	Scottish Senior	Scottish Open	British Uni & College	British Under 23	British Under 20	British Under 17	British Under 15
49kg							104	96
55kg	174	161	121	130	161	146	114	105
61kg	190	174	131	145	175	158	132	122
67kg	227	185	139	155	190	172	137	126
73kg	241	194	146	172	222	202	142	131
81kg	259	206	155	183	236	215	150	139
89kg	266	215	161	191	248	225	156	144
96kg	274	222	167	199	256	232	166	152
102kg	279	227	170	203	259	236	169	156
102kg+							174	161
109kg	283	232	174	209	265	241		
109+kg	292	238	179	212	270	246		

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2019

Weight Class-Female	British Senior	Scottish Senior	Scottish Open	British Uni & College	British Under 23	British Under 20	British Under 17	British Under 15
40kg							74	68
45kg	117	91	68	86	99	89	82	75
49kg	125	97	73	93	108	98	87	80
55kg	135	106	79	101	117	106	95	88
59kg	151	111	83	107	124	113	101	93
64kg	158	117	88	111	129	117	105	96
71kg	162	124	93	120	139	127	113	105
76kg	165	128	96	124	143	130	117	108
81kg	170	132	99	127	146	133	120	111
81kg+							129	119
87kg	175	136	102	130	148	135		
87+kg	181	140	105	138	159	144		